

Beauty Spa

Waxing

Half leg	£17
Half leg and bikini line	£24
Half leg, bikini line & underarm	£31
Full leg wax	£28
Full leg & bikini line	£34
Full leg, bikini line & underarm	£39
Three-quarter leg	£25
Three-quarter leg & bikini line	£30
Three-quarter leg & bikini line & under arm	£36
Underarm or bikini line	£10
Lip	£7
Chin	£10
Lip & chin wax	£12

Nail Treatments

Holistic pedicure	£25
Holistic manicure	£20
Holistic pedicure paraffin wax	£35
Holistic manicure paraffin wax	£30

Electrolysis

Electrolysis by an advanced practitioner.

1/4 hr	£18
Course of 10 1/4hr treatments	£153
1/2 hr	£29
1 hr	£51

Red vein and skin tag removal

£45

Self Tanning

Our three step formula polishes, tans and moisturises for the longest lasting, most luxurious tan possible.

Full body application	£40
Full legs	£22
Face, neck, shoulders & arms	£24

Ferndale Holistic Beauty Spa is a trading name of Therapy Masters Limited. Registered Office: Ferndale, 6a Sawtry Road, Glatton, Huntingdon, PE28 5RZ. Company Registered in Cardiff Number: 6638064

Eye Treatments

Eyebrow shape	£10
Eyebrow tint	£9
Eyelash tint	£17
Eyelash & eyebrow tint	£23
Eyelash perming	£30
Individual lashes (Dura Lash Flare)	£28
Semi-permanent Individual Lashes (full set)	£60
Semi-permanent Individual Lashes (Infill per half hour)	£20

All treatments require an allergy test to be carried out 24 hours prior to your appointment.

Colour Consultancy

Inclusive of wallet and personalised colour swatches. £65

Make-up

Make-up lesson	£45
Special occasion make-up	£35

Wedding Make-up by request

Day Spa Programme

Half day package

The Crystal Beauty Spa Package	£65
The Sapphire Holistic Spa Package	£80

Full day package

The Ruby Signature Spa Package	£145
The Diamond Signature Spa Package	£155

Gift Vouchers

Gift vouchers are personalised for your requirements and can be for treatments or a specific value.

Tel: 01487 830971

For cancellation's, please give at least 24 hours notice prior to the appointment or you could be charged the full price of the treatment



Prices valid until 1st January 2010

Email: cheryl@ferndale-beauty.co.uk

Website: www.ferndale-beauty.co.uk

Ferndale



Holistic Beauty Spa

Massage Spa

Hydrotherm Massage

Flotation massage on a warm water bed provides the ultimate preparation for muscular tension, additional comfort and relaxation, without the requirement to turn over. Particularly suitable for Pregnancy and deep tension massage.

Back Massage **£33**

Full body massage **£45**

Manual Lymphatic Drainage Massage

A specific massage for the management of fluid, and fluid related conditions **£38**

Ayurveda Massage

Warm oil selected for a specific body type is massaged into your skin using ancient Indian techniques and acupressure. Followed by body polishing, Thai massage, hand, foot and face masks as appropriate. Scalp and full facial included.

Rebalancing signature therapy (Top to toe) **£90**

Full facial and scalp massage **£55**

Scalp, head and shoulders **£35**

Head massage **£29**

Swedish Massage

Massage of the skin and muscles for the relief of tension, aches and pains. Deeply relaxing.

Full body massage **£39**

Back and neck massage **£28**

A course of 6 back treatments **£140**

Jacuzzi Spa Hydro-Massage

Relax in the garden, in the Jacuzzi hot tub and receive a massage by water jets/air.

Individual session **£18**

Group session - Each additional person **£10**



Facial Spa

Carole Franck

An advanced facial using lymphatic drainage and pressure point manual massage. The products deep and rapid diffusion into the skin provide a visible and sustained change to the skin.

Carole Franck facial **£49**

Rejuve signature therapy **£82**

(Including non-surgical face lift)
Carole Franck facial with eyelift **£72**

Non Surgical Face Lift

An advanced electrical therapy that lifts facial muscles, tones, hydrates and smoothes the skin, whilst minimising wrinkles.

Non surgical face lift **£46**

A programme of 12 treatments **£500**

Non surgical eyelift **£28**

A programme of 12 **£308**

Body Shaping Spa

Non surgical Liposuction Signature

An advanced electrical therapy. To breakdown trapped fat, cellulite conditions and re-establish Muscle and skin tone. Inch loss is achievable over a programme of treatments

Programme of 12 treatments **£35**

£385

Dietary Advice

An analysis of your current eating regime, followed by recommended dietary advice. To complement body shaping programmes. **£25**

Individual Exercise

An individual exercise programme designed for your requirements, with instruction. **£25**

Toning Wrap

A cold wrap to tone and firm the tissues. Reduces fluid accumulation and achieves inch loss. Excellent as an instant lift for a special occasion. **£35**

Contour Aroma Spa Wrap

A thermal spa aromatherapy and mineral algae treatment that improves the contours, assists with fluid and cellulite conditions. **£48**

Thermal Paraffin Wax Wraps

Paraffin wax is a thermal treatment that induces deep relaxation, is highly moisturising and benefits joints, circulation and muscular aches and pains. Excellent full body detoxification.

Spa indulgence signature wrap **£55**

Back massage with paraffin wax **£40**

Reflexology paraffin wax **£47**

Holistic Spa

Reflexology

Deep relaxation and self healing can be promoted via a pressure massage applied to the soles of the feet.

Reflexology **£35**

A course of 6 treatments **£175**

Reflexology paraffin wax **£47**



Hopi Ear Candles

Ear candles gently eases sinus pressure and congestion within the ear canals and sinuses

Thermal auricular therapy **£30**

A course of 6 treatments **£150**

Thermal auricular and sinus drainage massage **£40**